

LactOn

con **BromeLact**

Lactase 4,500 FCC + Bromelain 100 mg
30 Gastro-Resistant Tablets

Description

LactOn is a dietary supplement specifically formulated to support individuals with **lactose intolerance**. It combines the enzymatic activities of **Lactase** and **Bromelain** to improve lactose digestion and promote intestinal well-being.

Active Ingredients

- **Lactase (4,500 FCC units):**
Lactase is an enzyme that catalyzes the hydrolysis of lactose—a disaccharide—into its constituent monosaccharides, **glucose** and **galactose**, enabling proper absorption in the small intestine.
In individuals with lactase deficiency, undigested lactose undergoes fermentation in the intestinal lumen, producing gases and metabolic by-products that can cause bloating, flatulence, and other gastrointestinal discomforts.
Supplementation with exogenous lactase supports normal lactose digestion and helps alleviate these symptoms.
 - **Bromelain (100 mg):**
Bromelain is a proteolytic enzyme extracted from the stem and fruit of *Ananas comosus* (pineapple). It contributes to maintaining normal physiological conditions of the gastrointestinal tract and may aid digestive comfort through its enzymatic and anti-inflammatory properties.
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Mechanism of Action

The combined action of **Lactase** and **Bromelain** supports efficient lactose digestion and the restoration of intestinal balance.

LactOn tablets are formulated with a **gastro-resistant coating** to protect the enzymes from gastric acidity, ensuring their release and activity at intestinal pH, where they exert maximal effectiveness.

Directions for Use

Take **1 to 2 tablets** with a small amount of water approximately **30 minutes before each main meal**, or before any meal containing lactose.

Adjust the dosage according to individual tolerance and dietary lactose content.

Warnings

- Do not exceed the recommended daily dose.
 - Dietary supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.
 - Consult a healthcare professional before use in case of pregnancy, breastfeeding, or if taking medications such as **anticoagulants** or **antibiotics**.
 - Keep out of reach of children under 3 years of age.
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Contraindications

No known contraindications, except in individuals with **hypersensitivity** to one or more of the product's components.

Storage Conditions

Store in a **cool, dry place**, away from direct sunlight and heat sources, to preserve the product's stability and enzymatic activity.

Close the container tightly after use.

Nutritional and Allergen Information

- **Gluten-free**
- **Lactose-free**